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PLANETARY HEALTH: AN INTERDISCIPLINARY PERSPECTIVE

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Abstract

This paper addresses the issue of planetary health under a multidisciplinary profile. It starts with defining the scope of planetary health, retracing its most salient historical points. It then reflects on the socio-political changes needed to achieve transformational change in society. The concepts of health literacy and environmental health literacy are explored as a useful means of disseminating and raising awareness about planetary health. Finally, a case study related to heart disease is explored to demonstrate why this approach is more necessary today than ever.

Key words: climate change, climate justice, environmental medicine, planetary health

Received: April, 2022; *Revised final:* October, 2022; *Accepted:* October, 2022; *Published in final edited form:* October, 2022

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